

Product Fitting Instructions – Fitting them while laying down

For complete protection, DEPEND® Briefs are specially designed to provide superior bladder control protection and a comfortable fit. Refastenable EasyGrip® tape tabs make DEPEND® Briefs easy to put on – whether a person is standing, sitting or lying down.

Important Tips

- If a soiled brief is being replaced, remove it and clean the groin and buttocks thoroughly.
- Dispose of soiled briefs in a sanitary manner. Do not flush.
- Wash hands after handling soiled briefs.
- Do not get powder, lotion or oil on tape tabs. These substances may cause the tabs not to stick properly.
- Please, always seek professional advice from your physician or health care professional if you or someone you care for is experiencing bladder control problems.

Step 1

Unfold a fresh brief.

Step 2

Identify the inside and outside of the product.

- The inside of a DEPEND® Brief (the side that is placed against the skin) is a white or blue absorbent layer.
- The outside has a moisture-proof outer cover with a wetness indicator.

Step 3

Identify the front and back of the product.

- The back of the brief has refastenable tapes on each side flap.
- The flaps on the front of the brief do not have tapes.

Step 4

Move the person onto his or her side.

Step 5

Position the back of the brief (the end with the tape tabs) next to the person's buttocks with the flaps folded as shown. Make sure the absorbent layer is facing up, with the back of the brief placed toward the head of the bed.

Step 6

Unfold the flaps on the side of the brief farthest from the person's body.

Step 7

Gently roll the person over the brief, just far enough to unfold the other back flaps.

Step 8

Roll the person back onto the centre of the brief – onto his or her back.

Step 9

Bring the front of the brief up between the legs. The front and back edges of the brief should be pulled to equal heights on the front and back of the waistline.

Step 10

Adjust the brief to fit closely by pulling it snugly into the groin. Fasten the tape tab onto the front flaps.

Step 11

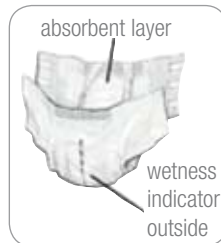
Adjust the brief for a close and comfortable fit.

- Be sure to move any folds of skin – especially on the inner thigh – to prevent leaking and chafing.
- Adjust fit by repositioning tape tabs.

STEP 1



STEP 2



STEP 3



STEP 4



STEP 5



STEP 6



STEP 7



STEP 8



STEP 9



STEP 10

