

Product Fitting Instructions – Fitting them to your body

DEPEND® Guards for Men are designed to fit a man's body comfortably and provide light to moderate protection for bladder control problems.

Important Tips

- Make sure you wear snug-fitting underwear (not boxer shorts).
- Clean the groin and buttocks thoroughly after removing a soiled guard.
- Dispose of soiled guards in a sanitary manner. Do not flush.
- Wash hands after handling soiled guards.
- Do not get powder, lotion or oil on adhesive strips. These substances may cause the strips not to stick properly.
- Seek professional advice from your physician or health care professional if you or someone you care for is experiencing bladder control problems.

Step 1

Identify the inside and outside of the product.

- The inside (side placed against the skin) has a blue absorbent layer and leakage barriers.
- The outside (side placed against the underwear) has a paper strip covering an adhesive area for attaching the guard to your underwear.

Step 2

Identify the front and back of the product.

- The back of the guard cups the testicles.
- The arrows on the paper strip on the outside of the guard point to the front of the guard.

Step 3

Unfold the guard. Stand the leakage barrier shields into an upright position to help form a barrier.

Step 4

Place the guard against the body so the back side cups the testicles. Be sure that the penis is pointing down into the center of the guard.

Step 5

Peel the paper strip off to expose the adhesive strip on the outside of the guard, away from the skin.

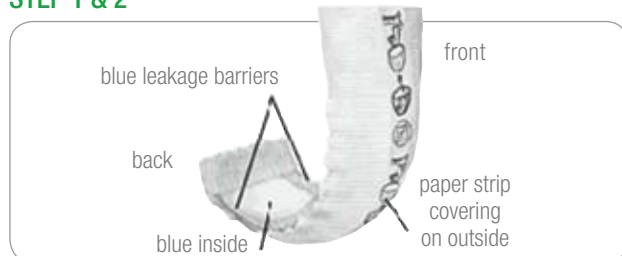
Step 6

Make sure you wear snug-fitting underwear (not boxer shorts). While holding the guard in place, pull form-fitting underwear over the guard and into place.

Step 7

Secure guard by gently pressing underwear fabric against adhesive strip. Make sure underwear is pulled up snugly.

STEP 1 & 2



STEP 3



STEP 4



STEP 5



STEP 6



STEP 7

